



Safe Space

Are you struggling and not sure where to turn?

Safe Space is a crisis alternative service that offers a calm, welcoming and warm environment for visitors to attend when experiencing a mental health crisis or experiencing challenges.

We have a Safe Space branch in each borough of Hammersmith & Fulham, Ealing and Hounslow.

Our Safe Space operates as a crisis drop-in service, open from 2pm - 10pm, 365 days a year!!!



Scan Me!!!
Or visit hfehmind.org.uk

 **mind** Hammersmith, Fulham, Ealing and Hounslow