



Safe Space Ealing

Are you struggling and not sure where to turn?

Safe Space is a crisis alternative service that offers a calm, welcoming and warm environment for visitors to attend when experiencing a mental health crisis or experiencing challenges.

Our Safe Space operates as a crisis drop-in service, open from 2pm-10pm, 365 days a year!!!

Address: The Lido Centre, 63 Mattock Lane, W13 9LA

Phone: 0207 471 0583

Email: safespaceealing@hfehmind.org.uk



Scan Me!!!

Or visit hfehmind.org.uk

 **Hammersmith, Fulham, Ealing and Hounslow**