|  |
| --- |
| **Referring professional details** |
| Name:  | Team:  |
| Location where you support client:  | Contact number:  |
| Role: | Email address:  |
| **Eligibility criteria (please tick - patient must meet all three) – *Part 1*** |
| Client resides in Hounslow [ ]  |
| Client has mild to moderate mental health needs [ ]  |
| Client is over 18 [ ]  |
| **Consent** |
| Are there any issues with the client’s capacity to instruct a member of staff?Yes [ ] No [ ] If yes, is a capacity assessment attached on the form?Yes [ ] No [ ] If not, why not ………………………………………………………………………………………………If no, has the client consented to the referral?Yes [ ] No [ ]  |
| **GP Details** |
| Name of Surgery:Name of GP:Address:Phone Number:Email Address: |
| **Patient details** |
| Title: | Full name:  |
| Date of birth:  | Mobile no: |
| Address:  | Landline no:  |
| Postcode: | Email:  |
| Mental health conditions:  | Physical health conditions:  |
| Can client be seen alone? Yes [ ] No [ ]  | Urgency of Case please explain and tick one of the boxes below:Critical (tick if there is a high risk or immediate deadline) [ ] High [ ] Medium [ ] Low [ ]  |
| **Risks** |
| Please summarise any risks below: |
| **Why would this project be beneficial to the client?** |
| \*Please mention which strand would most suit the client* Minds Together is a rolling psychoeducation programme that improved mental health literacy, increases self-awareness and the ability to self-regulate emotions, increased awareness of how internal/external factors affect our mental health (drugs, alcohol, stress)
* Mind Mentors is a 1:1 bespoke intervention for those not suited to groups and again focusses on the same topics as Minds Together, but this is delivered on a 1:1 basis.
* Shared Experiences is group peer support which aims to reduce loneliness and increase connection with people who have similar experiences (carers, parents, BAME clients)
 |

**Equal Opportunities**

**If you have completed this referral on behalf of someone else due limited communication or lacking capacity around these questions, please indicate:**

Yes [ ]
No [ ]

 **I define myself as:**

Prefer not to say [ ]

Female [ ]

Male [ ]

Gender Binary [ ]

Transgender [ ]

 **Please describe your sexuality:**

Prefer not to say [ ]

Lesbian [ ]

Gay [ ]

Heterosexual [ ]

Bisexual [ ]

Questioning [ ]

Not known [ ]

Other [ ]

**Please describe your religious beliefs:**

Prefer not to say [ ]

Buddhist [ ]

Christian [ ]

Sikh [ ]

Hindu [ ]

Muslim [ ]

Jewish [ ]

Any other religion [ ]

No religion [ ]

Not known [ ]

**Please describe your ethnic origin/background:**

|  |  |
| --- | --- |
| **Prefer Not to Say** | Prefers not to say [ ]  |
| **White** | English/Welsh/Scottish/Northern Irish [ ]  |
| Irish [ ]  |
| Irish Traveller or Gypsy [ ]  |
| Any other white background (please specify) [ ]   |
| **Mixed Ethnic Groups** | White and Black Caribbean [ ]  |
| White and Black African [ ]  |
| White and Asian [ ]  |
| Any other mixed background (please specify) [ ]   |
| **Asian/Asian British** | Indian [ ]  |
| Pakistani [ ]   |
| Bangladeshi [ ]   |
| Chinese [ ]  |
| Any other Asian background (please specify) [ ]   |
| **Black/Black British** | African [ ]  |
| Caribbean [ ]   |
| Any other Black/African/Caribbean background (specify) [ ]  |
| **Other Ethnic Group** | Arab [ ]  |
| Any other ethnic group (specify) [ ]  |
| **Ethnicity Not Known** | Ethnicity not known [ ]  |

**Do you consider yourself to have any of the follow:**

Prefer not to say [ ]

Mental ill health [ ]

Physical disability [ ]

Cognitive impairment [ ]

An acquired brain injury [ ]

An acquired brain injury [ ]

A learning disability [ ]

Asperger’s/Autistic Spectrum [ ]

Dementia/Alzheimer’s [ ]

Sensory impairment [ ]

Not known [ ]